



## Terms and Conditions

### Life Compass – Coaching Program for Young Men

In working with Scott Caspell Coaching, you agree to the following Terms and Conditions.

#### **Personal Responsibility & Assumption of Risk**

You acknowledge that you take full responsibility for your health and all decisions made during and after your work with Scott Caspell Coaching (herein referred to as “coaching”). You understand that coaching is an educational process of knowing yourself and the life you want to create for yourself, including specific behaviours, thought patterns, and actions to help you live your best life possible. You willingly choose to participate in this coaching, and you take full responsibility for your actions that may occur during and after the coaching. You agree that you are personally responsible for your results and that while Scott Caspell will serve as your coach, your success depends primarily on your own effort, motivation, commitment, and follow-through.

Disclaimer: Scott Caspell is a certified professional coach. Scott is not a doctor, psychologist, therapist, or any other kind of medical practitioner. Nothing contained in this coaching is intended to be a substitute for the medical diagnosis or treatment that can be provided by your physician, therapist, or another qualified health care practitioner. We explicitly state that the coaching is intended solely for the purposes of your personal and professional development; it is not for the purposes of diagnosing, treating, or curing any health problem or disease, or to be relied upon as medical advice. You should always seek the advice of your physician or another qualified health care practitioner regarding any specific medical condition.

#### **Limitation of Liability, Indemnification, and Release of Claims**

Scott Caspell Coaching will not be held responsible in any way for your actions during or after your coaching. By signing this Agreement, you fully and completely hold harmless, indemnify and release Scott Caspell Coaching from any and all liability, damages, causes of action, allegations, suits, sums of money, claims and demands whatsoever, in law or equity, that you have now or will have in the future arising from your participation in this coaching.

#### **Confidentiality**

Scott Caspell Coaching will keep all information exchanged during the coaching in strict confidentiality. We will not disclose confidential information that you share with us to anyone else without reason to know such information, except as when required by law or upon written authorization by you.

I have read and agree to these terms and conditions.

Signature of participant: \_\_\_\_\_

Date: \_\_\_\_\_

Please email a signed copy to [scott@scottcaspell.com](mailto:scott@scottcaspell.com)